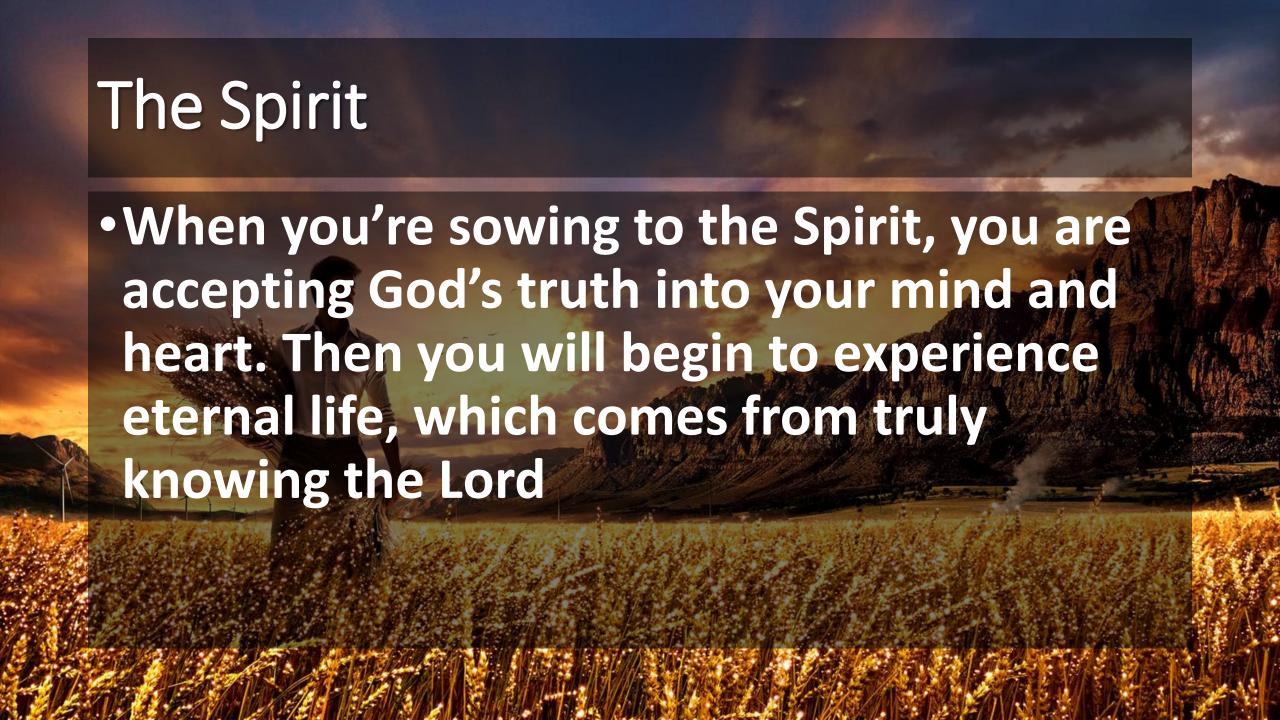


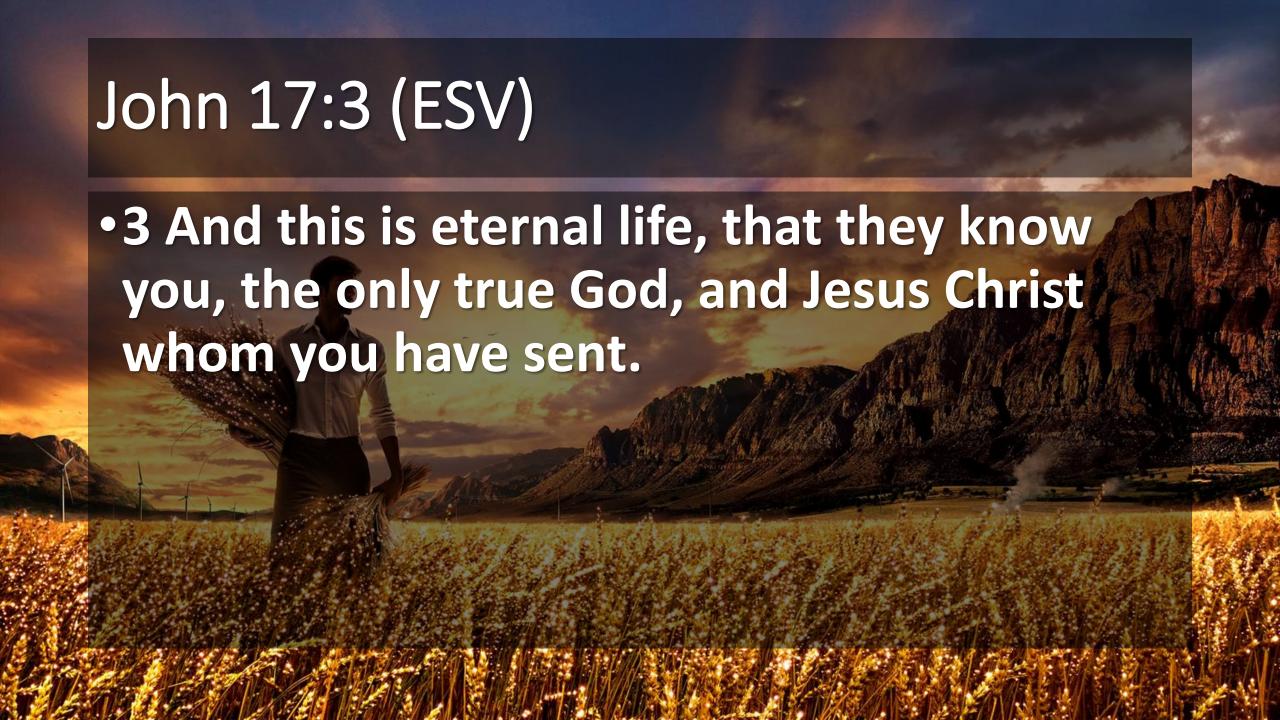
The "flesh"

 The "flesh" is the part of us that wants to live and act independently of the Lord. As humans, all of us have to deal with the pull of this attitude; we don't lose it automatically when we're saved. However, the Holy Spirit frees us from slavery to the flesh.

The "flesh"

- The Spirit begins to change us so we can turn from the deceptive lure of living for self and instead start to live according to the truth.
- The choices we make contribute to the process of transformation, and when they're in alignment with the Spirit's work, they plant good seeds that result in even more new growth.





The fruit of the Spirit

 The fruit of the Spirit grows naturally from these seeds of godly truth and influences every aspect of your life. When you feed your spirit with the things of God, you're going to become stronger, more Christlike, and more full of His life in your thoughts and actions.

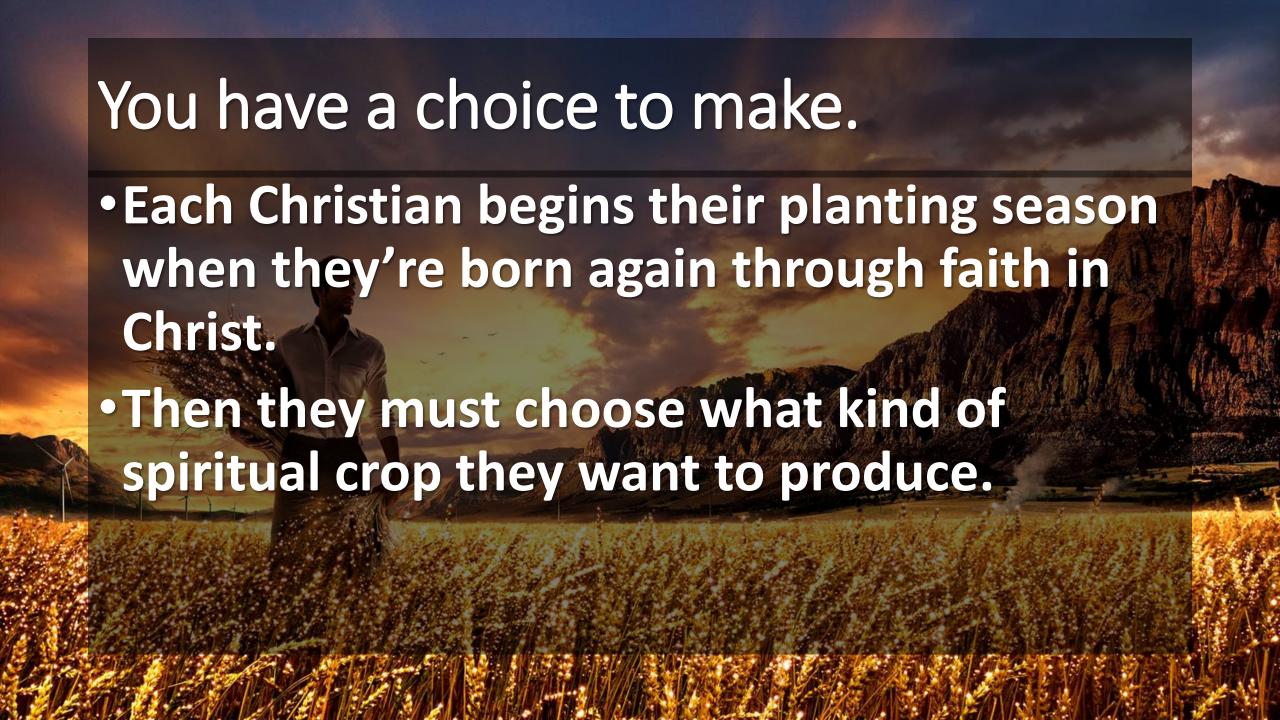
We are what we eat?

 Are you feeding your spirit and the wellspring of your life, or are you feeding the part of you that wants to act independently of God? Do your choices sow seeds that are building you up, making you different, and letting streams of living water flow from you to nourish others?

John 7:37-39

 37 On the last day of the feast, the great day, Jesus stood up and cried out, "If anyone thirsts, let him come to me and drink. 38 Whoever believes in me, as[a] the Scripture has said, 'Out of his heart will flow rivers of living water." 39 Now this he said about the Spirit, whom those who believed in him were to receive, for as yet the Spirit had not been given, because Jesus was not yet glorified.





Galatians 5:19-21 (ESV)

 19 Now the works of the flesh are evident: sexual immorality, impurity, sensuality, 20 idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, 21 envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.



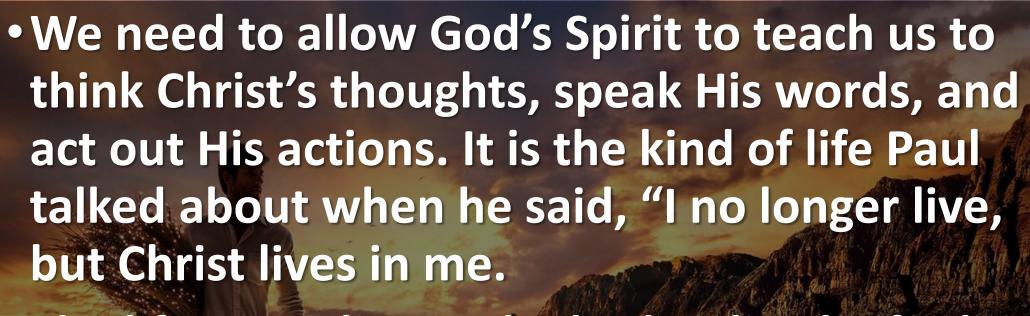
- If we choose to sow to the flesh, we will harvest, "corruption from the flesh" (vs. 8).
- We are not to be deceived, because "God is not mocked" (vs. 7).
- We sow to the flesh when we reject God and choose to satisfy our own desires.

- A Christian's choice should be to sow to the Spirit by submitting to the Spirit's control. That requires a conscious effort to yield to Him in all of our life choices.
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- <u>Paul reminds us in Galatians 5:16</u>, "Walk by the Spirit and you will not carry out the desire of the flesh." If the Spirit of God is in control of our lives, we will produce His fruit: "love, joy, peace, patience, kindness, goodness, faith, gentleness, self-control" (Galatians 5:22-23).
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- While our passage speaks primarily about stewardship of resources, it applies to every part of our lives including our relationships.
- If we sow to the Spirit, we will see others as God sees them. We will love them as He loves them.
- We will touch their lives as He touches them. We will tell them the good news of Christ's offer of eternal life.
- If we sow seed in those areas, we will reap a rewarding harvest.



• The life I now live in the body, I live by faith in the Son of God, who loved me and gave Himself for me" (Galatians 2:20).

- In our passage today Paul tells us, "So we must not get tired of doing good, for we will reap at the proper time if we don't give up. Therefore, as we have opportunity, we must work for the good of all, especially for those who belong to the household of faith" (Galatians 6:9-10).
- God is the one who gives the harvest. It takes the exercise of faith to wait for God's blessing. But He is faithful to give it when it is due.

Closing

 Most of our homes would be more joyful and fulfilling places if we practiced restoration rather than ridicule. If we sow to the Spirit we will become selfless rather than selfish in all our relationships. If we think those in our relationships do not deserve our responding to them like Christ, remember we do not deserve Christ's response to us. The key in beginning to sow to the Spirit rather than to the flesh is the daily release of our lives to the Spirit's control. Decide today to sow where the harvest is "eternal life" (vs. 8).