# **MESSED UP AGAIN?**



## With Bishop Ronald K. Powell

As we celebrate this awesome Week, I want us to particularly fast from thoughts that take for granted what Jesus did for us. We need to appreciate the power of His blood, and the power of His sacrifice.

Today we're fasting from the thought that says, "I just can't stop blowing it. I always seem to mess it up."

Jesus did more than just forgive us from our sins when He died on the cross and rose again. He gave us power over sin! No more should we see ourselves victims of a defeated, beaten life. We are the head and not the tail; above only and not beneath!

### 1. Rejoice in the grace of God.

**Romans 6:14** says, "For sin shall not have dominion over you. For you are not under the law, but under grace." **Titus 2:11-12** says the grace of God enables us to say "NO" to ungodliness.

### 2. Stop beating yourself up.

**Romans 14:22** says, "Happy is he who does not condemn himself..." Remember, God doesn't beat you up, He builds you up. **1 Corinthians 8:1** says, "Love builds up!"

#### 3. Remember the woman caught in adultery.

In *John 8:1-11* Jesus said to her, "*I don't condemn you. Now go and sin no more.*" Notice, first there was acceptance and forgiveness. Then there was POWER over sin. The power over sin was the RESULT of recognizing her freedom from it. Sometimes we feel we have to repent of everything before we can be forgiven. Jesus forgives first, and that gives us the power to be free.

#### 4. Believe in the power of the blood.

Paul said not to drink the communion cup in an unworthy manner. We need to renew our mind about what makes us worthy. It's not our holiness that makes us worthy to drink the cup. It's the "cup"; it's the blood of Jesus that has the WORTHINESS to cleanse us and empower us to overcome anything. (1 Corinthians 11)

**5. Think about the 3 gifts God gives** in **2 Timothy 1:7**, "For God has not given you the spirit of fear, but POWER, LOVE AND DISCIPLINE." You have the power of discipline and self-control. Stop thinking you are out of control and realize you have been given the power of self-control.

#### THINK IT & SAY IT:

I am not a slave to sin. I have dominion over it. It doesn't have dominion over me because I am not under the law, I'm under grace.

I expect the free gift of God's grace to enable me to say NO to ungodliness. I am free because I am forgiven. God is love and love builds me up today!

I put my faith in the blood of Jesus to forgive me if I have fallen; but also, to empower me to be free from the things that I am struggling with.

I have the power of self-control. I am no longer out of control. I have been given power, love and a sound mind. I am free from fear and free from sin.